



NEW HORIZONS SPACECRAFT ON TRACK FOR A CLOSE ENCOUNTER WITH PLUTO EARLY NEXT WEEK »9A

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## Mental strain

Budget cuts have forced Fort Logan to reduce beds and admit only the severest patients, sending the rest to crowded health centers.



Christopher White, 29, who has been diagnosed with psychosis and schizophrenia, plays guitar in the recreation room at the state-run psychiatric hospital at Fort Logan. White, who is homeless, received injections of the antipsychotic drug Abilify while there. "I'm going to continue to take my meds," White said the day before his release. Mahala Gaylord, *The Denver Post*

By Jennifer Brown *The Denver Post*

In six years, the number of beds at the state-run psychiatric hospital at Fort Logan has dropped from 222 to 94, forcing the mental institution to admit only patients with the most severe illnesses.

Yet while the overall level of severity of patients with psychosis, schizophrenia and bipolar disorder has increased, the staff-to-patient ratio has not budged.

Five staff members per shift run each 24-patient unit at Colorado Mental Health Institute at Fort Logan in south Denver.

"We are working with some very challenging clients with the same staffing ratios that we've always had," said Dr. Christopher Burke, hospital director. "When folks are more ill and require more attention and more care, it demands greater attention from staff."

The Colorado Department of Human Services, which oversees the Fort Logan hospital and the state mental institution in Pueblo, is reviewing a consultants' report completed last month that says the state would need to increase psychiatric beds at both hospitals by 90 percent in the next 10 years just to maintain the status quo. That's an increase from 545 beds today to 1,033 beds by 2025.

The report could boost future requests to state budget makers for mental health funding.

It's unclear whether human services officials would request funds to improve the staff-to-patient ratio.

"It's definitely a challenge," Burke said. "I realize the state doesn't have unlimited dollars."

As the number of beds shrunk, Fort Logan became more selective about which

HEALTH » 6A

### COSBY COURT DOCUMENTS



Entertainer Bill Cosby admitted in a 2005 deposition that he had obtained quaaludes with the intent of giving them to women with whom he wanted to have sex. Evan Vucci, *Associated Press file*

"When you got the quaaludes, was it in your mind that you were going to use these quaaludes for young women that you wanted to have sex with?" **"Yes."**

By Maryclaire Dale *The Associated Press*

**PHILADELPHIA**» Bill Cosby admitted in 2005 that he secured quaaludes with the intent of giving them to young women he wanted to have sex with and that he gave the sedative to at least one woman and "other people," according to documents obtained Monday by *The Associated Press*.

Cosby's lawyers insisted that two of the accusers knew they

were taking quaaludes from the comedian, according to the unsealed documents.

Nevertheless, attorneys for some of the numerous women suing Cosby seized on the testimony as powerful corroboration of what they have been saying all along: He drugged and raped women.

The AP had gone to court to compel the release of a deposition

COSBY » 6A

### CAMPFIRE KILLING

## Tragic death shakes family



**Glenn Martin** was shot in Pike National Forest on Friday evening while camping.

By Elizabeth Hernandez and Jesse Paul *The Denver Post*

**CASTLE ROCK**» Glenn Martin was roasting marshmallows with his family during a holiday weekend camping trip when suddenly he "just went down" in his chair and said, "Ow."

Through tears and nostalgic smiles, Martin's daughters and son-in-law on Monday remembered the man killed Friday by what authorities believe was an errant bullet, and they recalled the tragic event.

Martin, 60, of Monument was shot in Pike National Forest while sitting by a campfire in the Rainbow Falls Park area, which is north of Woodland Park and popular among recreational shooters.

Martin's daughter Carlie, who asked that her last name not be used for privacy's sake, burst into tears when asked how it happened.

"What happened was that I lost my best friend," she said Monday afternoon during a news conference at the Douglas County Sheriff's Office. "I lost the role model for our boys. Now we just have to have the memory."

Sgt. Ron Hanavan, spokesman for the sheriff's office, said the area in which Martin was shot had "No shooting" signs posted.

Martin was the quintessential family man, Carlie said. He went to

BULLET » 6A

### SPORTS

## ALL-STAR PICKS ARE IN - AND ARENADO, LEMAHIEU ARE IN

Two Rockies infielders — Nolan Arenado and DJ LeMahieu — have been named National League all-star reserves for the first time in their young careers after a vote of players, managers and coaches. »1B

**Denver & The West.** Star witness for theater defense testifies. »2A

**Fitness.** Improper training for adventure races such as Tough Mudder can ruin the fun. »12B

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